



Guiding the Shepherd: Mental Health of Faith-Based Leaders in the Wake of the COVID-19 Pandemic, Part 1

May 26, 2020 | Webinar Series

DETAILS & LOGISTICS

Time: 6:30pm—8:00pm EST
Where: Virtual (*Adobe Connect webinar*)

SPEAKERS:

Altha Stewart, M.D. is Senior Associate Dean of Community Health Engagement for the University of Tennessee Health Science Center. As an Associate Professor and Chief of Social and Community Psychiatry, she also serves as the Director of the Center for Health in Justice Involved Youth and the medical school. In 2018 she was elected President of the American Psychiatric Association. Her career spans over three decades of work as the CEO of large public mental health systems. She received her M.D. from Temple University. Dr. Stewart is a past president of the Black Psychiatrists of America (BPA) and the Association of Women Psychiatrists.



Annelle Primm, M.D., MPH is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also the Convener of the All Healers Mental Health Alliance and mobilizes organizational collaboration to provide healing services for disaster-affected marginalized communities. She received her B.A. degree from Harvard University, her M.D. from Howard University and both psychiatric and public health training from Johns Hopkins University. Dr. Primm is a member of the BPA Council of Elders.



COURSE DESCRIPTION

This series will explore how faith-based community leadership can build mental health capacity in the midst of COVID-19. It addresses the need to assist these leaders in (1) improving their general knowledge base around mental and emotional disorders and (2) removing the stigma regarding mental health issues. By incorporating a cross collaboration between faith leaders and psychiatric practitioners, this three-part series will help improve the overall well-being of African-American communities during and beyond the current pandemic.

OBJECTIVES

- Identify the more common mental disorders and psychological distress symptoms presenting to clergy in the faith community.
- Develop referral resources for assistance in the treatment of congregants manifesting symptoms of psychological distress.
- Gain confidence in communicating and securing assistance in congregants expressing suicidal thoughts.
- Assist in the improvement of mental health self-care among clergy and church leadership.
- Facilitate the identification and need for assistance in clergy and church leaders that are facing challenges related to impairment and addressing their own need for assistance.

WHO SHOULD ATTEND?

Faith-based leaders, congregants and mental health clinicians.

Part 2: June 9 6:30pm - 8:00pm EST

Part 3: June 16 6:30pm - 8:00pm EST

Registration questions, training@danyainstitute.org 240-645-1145

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